### **Advanced Coaching Phase I: Skill Refreshers**





A learning program for supervisors and managers working in Child Welfare or Juvenile Justice.

#### **ABOUT**

This series of Skill Refreshers highlights each of the coaching skills: presence and listening, reflecting/clarifying, questioning, feedback, and accountability. Learners practice each skill to gain proficiency and confidence in using the Coach Approach with their staff. Learners have the opportunity to engage in a variety of discussions, activities and practice sessions that promote and support mastery of the coaching skills. The Skill Refreshers constitute Phase I of the Advanced Coaching program. Completion of this series of five Skill Refreshers qualifies learners to move on to Phase II of the Advanced Coaching program. Before attending these trainings, learners must complete all prerequisites listed below.

#### BENEFITS

Learners will:

- Continue practicing the coaching skills.
- Receive in-the-moment feedback and support from facilitators.
- Increase their confidence and proficiency in using the coaching skills in their daily practice.

#### **COMPONENTS**

Once enrolled in each Skill Refresher, learners will complete:



An online pre-test.



A two-hour workshop (instructor-led or virtual).



An online post-test.



Completion of all components is necessary to receive a Certificate of Completion.

#### **PREREQUISITES**

Prior to starting this series, learners are required to have completed:

- All components of the Building Coaching Competency learning program (instructor-led or virtual) or the instructor-led Building Coaching Competency for Senior Administrators course.
- At least one course within the Building Coaching Competency: Coaching Collaboratives learning program (virtual or instructor-led).

#### **CONTINUING EDUCATION UNITS**

The New York City Administration for Children's Services is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0402. Each Skill Refresher is 2 contact hours/0.2 CEUs. This series in total is 10 contact hours/1 CEU. CEU credit is contingent upon completion of all components.

#### REGISTRATION

Register for this course by logging in to **Cornerstone**, browse for the course name and complete all information. For more information about the ACS Workforce Institute, please contact the Help Desk at **Wihelpdesk@acs.nyc.gov** or call (212) 748-1898.

ABOUT
ACS
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The ACS Workforce Institute (WI) is a state-of-the-art professional development institute that supports child welfare and juvenile justice direct service staff and strengthens their skills as they support and strengthen New York City's families and children. Through partnership with the City University of New York (School of Professional Studies and the Hunter College Silberman School of Social Work), the ACS Workforce Institute offers professional learning initiatives that move beyond the classroom to enhance skill development for new and seasoned ACS and provider agency staff.



# **Building Coaching Competency: Coaching Collaboratives**





A learning program for supervisors and managers working in Child Welfare or Juvenile Justice.

#### **ABOUT**

The Coaching Collaboratives are a follow up to the Building Coaching Competency (BCC) learning program designed to support supervisors and managers as they integrate coaching into their supervisory practice. These virtual workshops provide learners the opportunity to practice coaching, meet with colleagues to discuss successes in coaching, and gain support on how to continue to implement coaching in the workplace. Ongoing support after the workshop includes, but is not limited, to on-site technical assistance. Before attending this virtual, instructor-led training, learners must complete all course prerequisites listed below.

#### BENEFITS

Learners will:

- Increase their confidence in using the six coaching skills and six coaching steps that have been adapted from the coaching approach of the Atlantic Coast Child Welfare Implementation Center and in mastering the coaching process.
- Be trained how to create a coaching community among Child Welfare and Juvenile Justice supervisors and managers.
- Be trained how to bolster an individual's commitment to using the coach approach and support a coaching culture across all sectors of Child Welfare and Juvenile Justice.

#### **COMPONENTS**

Once enrolled in the course, learners will complete:



A two-hour, virtual workshop.



Completion of all components is necessary to receive a Certificate of Completion.

#### **PREREQUISITES**

Prior to attending this course, learners are required to have completed all components of the Building Coaching Competency learning program (instructor-led or virtual) OR the instructor-led Building Coaching Competency for Senior Administrators course.

#### **CONTINUING EDUCATION UNITS**

There are no CEUs associated with this course.

#### REGISTRATION

Register for this course by logging in to <u>Cornerstone</u>, browse for the course name and complete all information. For more information about the ACS Workforce Institute, please contact the Help Desk at <u>WIhelpdesk@acs.nyc.gov</u> or or call (212) 748-1898.

# ABOUT ACS WORKFORCE INSTITUTE

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Visit our website at <a href="https://www.nycacstraining.org">www.nycacstraining.org</a>



### **Family Team Conferencing Integrated**





A learning program for all staff working in Child Welfare who will be facilitating Family Team Conferences.

#### **ABOUT**

This training informs facilitators of the changes in Family Team Conference (FTC) practice as embodied in the new Child Welfare Program's (CWP) Integrated Family Team Conference Model that will be used in ACS and Foster Care and Prevention agencies. This training discusses the goals of this model, what conferences will be facilitated by ACS, and how the model can result in a more integrated continuum of conferences. This training uses interactive scenarios and activities to reinforce core FTC components, such as the six-stage structure, safety and risk decision making, family engagement and management review. Before attending this instructor-led training, learners must complete all course prerequisites listed below.

#### **BENEFITS**

Learners will:

- Be made aware of the changes in FTC practice that will be used throughout the Child Welfare system in alignment with the new CWP Integrated Family Team Conference Model.
- Better understand the goals of this model and how it aligns with the integrated continuum of conferences.

#### **COMPONENTS**

Once enrolled in the course, learners will complete:



A four-day, instructor-led training.



Completion of all components is necessary to receive a Certificate of Completion.

#### **PREREQUISITES**

Prior to attending this course, participants are required to have completed the two-day Safety and Risk: Investigation, Synthesis and Investigation course offered by the ACS Workforce Institute or equivalent.

#### **CONTINUING EDUCATION UNITS**

There are no CEUs associated with this course.

#### **REGISTRATION**

Register for this course by logging in to **Cornerstone**, browse for the course name and complete all information. For more information about the James Satterwhite Academy, please email **JSARegistration@acs.nyc.gov**.

ABOUT
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ABOUT
JAMES
SATTERWHITE
ACADEMY

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The ACS James Satterwhite Academy focuses on establishing the foundations of fundamental practices for newly hired direct service staff and supervisors. Founded in 1987, the James Satterwhite Academy, named for its first executive director, is a national leader in child welfare and juvenile justice training and professional development.



## Foundations of Motivational Interviewing: Practicum





A learning program required for **direct service staff, supervisors and managers working in Child Protection. Direct service staff and supervisors in Prevention and Foster Care are also required to attend.** 

#### **ABOUT**

This learning program is a continuation of Foundations of Motivational Interviewing: Communicating to Build Partnerships and enables learners to further practice and apply the skills presented in the prior training. Through a variety of learning approaches, including case scenarios, games and both large and small group role plays, learners build on their knowledge of the four fundamental tasks of Motivational Interviewing (MI): engagement, focusing, evoking and planning. Additionally, learners deepen their understanding of strategies for highlighting change talk and softening sustain talk when working toward behavioral change with youths and families.

#### BENEFITS

Learners will:

- Review the spirit and fundamental processes of MI.
- Demonstrate effective use of MI microskills.
- Be able to elicit and reinforce change talk and soften sustain talk.
- Deepen their understanding of evoking and planning, two of the fundamental tasks of MI.
- Process and practice the knowledge and skills acquired both in this training and Foundations of Motivational Interviewing: Communicating to Build Partnerships.

#### **COMPONENTS**

Once enrolled in the course, learners will complete:



An online pre-test.



A 6.5-hour, instructor-led training.



An online post-test.



Completion of all components is necessary to receive a Certificate of Completion.

#### **PREREQUISITES**

Prior to attending this course, learners are required to have completed all components of the course, Foundations of Motivational Interviewing: Communicating to Build Partnerships.

#### **CONTINUING EDUCATION UNITS**

The New York City Administration for Children's Services is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0402. This course is 6.5 contact hours/0.65 CEUs. CEU credit is contingent upon completion of all course components.

#### **REGISTRATION**

Division of Child Protection staff can reach out to their Staff Development Coordinator (SDC) to register. All others can register in <u>Cornerstone</u>. For more information about the ACS Workforce Institute, please contact the Help Desk at <u>Wihelpdesk@acs.nyc.gov</u> or call (212) 748-1898.

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### **Identifying and Addressing Intimate Partner Violence**





A learning program for **Direct service staff and supervisors working in Child Protection**, **Prevention or Foster Care services**.

#### **ABOUT**

This learning program takes a child-centered approach to intimate partner violence (IPV). During this learning program, learners are trained to identify and respond to IPV in a way that supports the non-abusive parent and children, identifies the abusive partner's pattern of behavior and documents the impact of the abuse on the children and family. The course is highly interactive, enabling learners to apply new knowledge and to practice skills in a supportive classroom environment. Before attending this instructor-led training, learners must complete an online pretest and an eLearning module.

#### **BENEFITS**

Learners will:

- Better understand how to engage survivors, children and abusive partners using a strengthsbased approach of compassion, partnership and respect.
- Better assess how an abusive partner is creating risk for the non-abusive partner and the children.
- Be trained how to write case notes that focus on protective strategies, behaviors that place children at risk and details that hold the abusive partner accountable.
- Be able to devise effective service plans that focus on the safety of the child and survivor.

#### **COMPONENTS**

Once enrolled in the course, learners will complete:



An online pre-test.



A one-hour eLearning course.



A two-day, instructor-led workshop.



An online post-test.



Completion of all components is necessary to receive a Certificate of Completion.

#### **PREREQUISITES**

There are no prerequisites for this course. While not a prerequisite, it is recommended that learners complete the Motivational Interviewing learning program offered through the ACS Workforce Institute or equivalent.

#### **CONTINUING EDUCATION UNITS**

The New York City Administration for Children's Services is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0402. This course is 14 contact hours/1.4 CEUs. CEU credit is contingent upon completion of all course components.

#### **REGISTRATION**

Register for this course by logging in to **Cornerstone**, browse for the course name and complete all information. For more information about the ACS Workforce Institute, please contact the Help Desk at **Wihelpdesk@acs.nyc.gov** or call (212) 748-1898.

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### Safety & Risk: Investigation, Synthesis and Asssessment





A learning program for direct service staff, supervisors and managers working in Child Protection, Prevention and Foster Care.

#### **ABOUT**

This learning program provides learners with a comprehensive review of the assessment processes for safety and risk. Learners use a real-life case scenario to conduct safety and risk assessments. As learners practice conducting assessments, they receive hands-on guidance and feedback in real time. Learners explore various tools, including critical thinking skills, to guide their decision-making in best supporting children and families.

#### **BENEFITS**

Learners will:

- Demonstrate using critical thinking skills to guide their decision-making.
- Distinguish between safety and risk.
- Identify the processes to assess safety and risk and explain why both are used.
- Receive hands-on guidance on how to conduct safety and risk assessments and obtain feedback in real time to best support children and families.

#### **COMPONENTS**

Once enrolled in the course, learners will complete:



An online pre-test.



A one-day, virtual, instructor-led workshop.



An online post-test.



Completion of all components is necessary to receive a Certificate of Completion.

#### **PREREQUISITES**

There are no prerequisites for this course.

#### **CONTINUING EDUCATION UNITS**

The New York City Administration for Children's Services is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0402. This course is 6.5 contact hours/0.65 CEUs. CEU credit is contingent upon completion of all course components.

#### **REGISTRATION**

Register for this course by logging in to **Cornerstone**, browse for the course name and complete all information. For more information about the ACS Workforce Institute, please contact the Help Desk at **Wihelpdesk@acs.nyc.gov** or call (212) 748-1898.

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# **Trauma-Responsive and Informed Parenting Program (TRIPP) TOT**





A learning program for foster care provider agency facilitators.

#### **ABOUT**

This learning program utilizes a training-of-trainers (TOT) approach to teach foster care agency facilitators to deliver the Trauma-Responsive and Informed Parenting Program (TRIPP) to foster parents. Learners develop a trauma-informed lens and are taught to assist foster parents in responding to their child's and youth's challenging behavior. This learning program includes a variety of learning approaches, including teach-backs, homework assignments, videos, small group work, and group role-plays. Before attending this virtual, instructor-led training, learners must complete all course prerequisites listed below.

#### **BENEFITS**

Learners will:

- Practice delivering a small piece of the curriculum.
- Practice giving and receiving feedback.
- Participate in activities to learn how to deliver the curriculum to foster parents.
- Receive coaching from Workforce Institute facilitators.

#### **COMPONENTS**

Once enrolled in the course, learners will complete:



A series of three-hour, virtual, instructor-led trainings over four days:

- Session 1: Review and De-escalation
- Session 2: Knowing Your Triggers and Listening to Understand
- Session 3: Collaborating with Our Children and Youth: Creating Solutions
- Session 4: Putting Our Learning into Practice and Self-Care



Completion of all components is necessary to receive a Certificate of Completion.

#### **PREREQUISITES**

Prior to attending this course, learners should attend the National Training and Development Curriculum TOT with TRIPP Principles.

#### **CONTINUING EDUCATION UNITS**

There are no CEUs associated with this course.

#### **REGISTRATION**

To register and for more information about this course, email Heather Dominguez at <a href="mailto:Heather.Dominguez@acs.nyc.gov">Heather.Dominguez@acs.nyc.gov</a>. For more information about the ACS Workforce Institute, please contact the Help Desk at <a href="mailto:Wihelpdesk@acs.nyc.gov">Wihelpdesk@acs.nyc.gov</a> or call (212) 748-1898.

ABOUT ACS WORKFORCE INSITUTE A state-of-the-art professional development institute that strengthens skills and provides support to child welfare and juvenile justice direct service staff as they strengthen and support New York City's families and children. Through partnership with the City University of New York (School of Professional Studies and the Hunter College Silberman School of Social Work), the ACS Workforce Institute offers professional learning initiatives that move beyond the classroom to enhance skill development for new and seasoned ACS and provider agency staff.



### **Understanding and Undoing Implicit Bias**





A learning program for **direct service staff and supervisors working in Child Welfare or Juvenile Justice**.

#### **ABOUT**

This learning program engages learners with each other about implicit biases and how those biases contribute to racial disproportionality in the Child Welfare and Juvenile Justice systems — strengthening ACS's practices to support children and families starts from within the individual. During this virtual session, learners deepen their understanding and discuss the influences of implicit bias on institutional racism and structural inequity. Learners also practice strategies to reduce implicit bias and enhance equitable decision making in their work. Before attending this virtual, instructor-led training, learners must complete all course prerequisites listed below and an online pre-test.

#### BENEFITS

Learners will:

- Understand key concepts of implicit bias and causes of racial disproportionality in Child Welfare.
- Have reviewed strategies to identify one's own implicit biases and to recognize implicit bias in others.
- Have analyzed how implicit bias affects decision-making, engagement and equitable outcomes.
- Be trained to identify the connection between trauma, institutional racism, structural inequity and implicit bias.
- Be able to employ individual strategies to reduce implicit bias.

#### **COMPONENTS**

Once enrolled in the course, learners will complete:



An online pre-test.



A 6.5-hour, virtual, instructor-led training.



An online post-test.



Completion of all components is necessary to receive a Certificate of Completion.

#### **PREREQUISITES**

Prior to attending this course, learners are required to have completed the Understanding and Undoing Implicit Bias eLearning training.

#### **CONTINUING EDUCATION UNITS**

The New York City Administration for Children's Services is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0402. This course is 4.5 contact hours/0.45 CEUs. CEU credit is contingent upon completion of all course components.

#### **REGISTRATION**

Register for this course by logging in to <u>Cornerstone</u>, browse for the course name and complete all information. For more information about the ACS Workforce Institute, please contact the Help Desk at <u>Wihelpdesk@acs.nyc.gov</u> or call (212) 748-1898.

ABOUT
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# Using the ACS FASP Desk Guide in Foster Care Case Practice





A learning program for **direct service staff, supervisors and managers working in Foster Care services.** 

#### **ABOUT**

This learning program supports the implementation of the ACS FASP Desk Guide in Foster Care Case Practice. With the expiration of Title IV-E and its impact on the funding of foster care, ACS is seeking to de-implement the Child and Adolescent Needs and Strengths (CANSNY) evidence-based assessment guidelines. In its place, the ACS Family Assessment Service Plan (FASP) Desk Guide has been developed to support foster care case planners and their supervisors in their use of the FASP to assess family strengths, risks and needs as well as to create a customized service plan that prioritizes the most pressing issues for the promotion of safety and the achievement of permanency goals.

#### **BENEFITS**

Learners will:

- Recognize the overall purpose and logical flow of the FASP.
- Be trained to identify how documentation and assessment impact permanency and family outcome achievement.
- Be able to use the FASP Desk Guide within daily practice and within Supervisory Coaching to strengthen family assessment and service planning.

#### **COMPONENTS**

Once enrolled in the course, learners will complete:



An online pre-test.



A half-day, instructor-led training.



An online post-test.



Completion of all components is necessary to receive a Certificate of Completion.

#### **REGISTRATION**

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#### ABOUT ACS WORKFORCE INSTITUTE

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**PREREQUISITES** 

There are no prerequisites for this course.

#### **CONTINUING EDUCATION UNITS**

There are no CEUs associated with this course.



### **Workforce Institute Virtual Escape Room**





A learning program for **Child Welfare and Juvenile Justice supervisors and managers, or anyone who** has the responsibility to guide and continually improve the performance of direct care staff.

#### **ABOUT**

This learning program serves as a refresher to Building Coaching Competency by challenging learners to collaboratively solve a series of riddles revolving around the coaching skills and strategies introduced in the foundational training. The Virtual Escape Room learning program promotes the Three C's: Confidence in use of coaching skills, Commitment to the use of the coach approach and opportunity to Connect with the coaching community. This program engages learners who have completed Building Coaching Competency, but have not yet completed transfer of learning programs, i.e., Coaching Collaboratives and the Skill Refresher series. Before attending this virtual, instructor-led training, learners must complete all course prerequisites listed below.

#### **BENEFITS**

Learners will:

- Demonstrate knowledge and understanding of the coach approach
- Develop self-awareness and assess existing coaching knowledge

#### **COMPONENTS**

Once enrolled in the course, learners will complete:



A 60-minute, virtual, instructor-led training.



Completion of all components is necessary to receive a Certificate of Completion.

#### **PREREQUISITES**

Prior to attending this course, learners are required to have completed all components of the one-day virtual or two-day instructor-led Building Coaching Competency learning program or the instructor-led Building Coaching Competency for Administrators learning program.

#### **CONTINUING EDUCATION UNITS**

There are no CEUs associated with this course.

#### REGISTRATION

To register and for more information about this course, email <u>wicoaching@acs.nyc.gov</u>. For more information about the ACS Workforce Institute, please contact the Help Desk at <u>Wihelpdesk@acs.nyc.gov</u> or call (212) 748-1898.

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# Writing Effective Progress Notes: Tips and Techniques to Improve Your Documentation





A learning program for direct service staff working in Child Welfare, or anyone who has the responsibility of writing progress notes in Connections.

#### **ABOUT**

This learning program provides Child Welfare staff with techniques and a framework for writing effective progress notes that reflect casework activities, as well as support assessment and decision making throughout the life of a case. Learners explore the crucial role progress notes play, and the importance of using descriptive, behavior-based language — while practicing writing progress notes. Before attending this instructor-led training, learners must complete an online pre-test.

#### **BENEFITS**

Learners will:

- Recognize the importance of documentation in decision making.
- Acquire tools to write progress notes in a timely fashion.
- Learn how to best document the case information required to make informed decisions on issues of child safety, permanency and well-being.

#### **COMPONENTS**

Once enrolled in the course, learners will complete:



An online pre-test.



A one-day, instructor led-workshop.



An online post-test.



Completion of all components is necessary to receive a Certificate of Completion.

#### **PREREQUISITES**

There are no prerequisites for this course. It is recommended that learners complete the Effective Writing Skills eLearning course offered through the ACS Workforce Institute or equivalent.

#### **CONTINUING EDUCATION UNITS**

There are no CEUs associated with this course.

#### REGISTRATION

Register for this course by logging in to <u>Cornerstone</u>, browse for the course name and complete all information. For more information about the ACS Workforce Institute, please contact the Help Desk at <u>Wihelpdesk@acs.nyc.gov</u> or call (212) 748-1898.

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### **Interim Prevention New Worker Training**





A learning program for **new direct service staff working in Prevention Services.** 

#### **ABOUT**

This learning program provides newly hired, direct service staff with the foundational knowledge and skills necessary to begin their work in Prevention services. It is delivered in three phases, each focusing on the following area of practice:

- Building a Foundation for our Work
- Partnering with Families to Achieve Safety, Permanency and Well-being
- Promoting Child and Youth Well-being

This virtual learning program consists of a combination of eLearning courses and virtual, instructor-led sessions.

#### **BENEFITS** Learners will:

- Receive an overview of their role and responsibilities within the context of the Child Welfare system.
- Be trained to partner with families to create plans that address safety, behavioral change and well-being.
- Apply critical thinking techniques and a trauma-focused viewpoint to casework to improve outcomes for families.
- Better understand how implicit bias affects decision making in child welfare.
- Gain knowledge and practical skills to identify and address intimate partner violence.
- Be able to build relationships to improve assessments using strengths-based engagement.

#### **COMPONENTS**

Once enrolled in the course, learners will complete:



Completion of all components is necessary to receive a Certificate of Completion.





NYC Child Welfare System: Past Present and Future (eLearning)















Phase 1 (VILT)











Family Team Overview





FTC







Engaging Parents

Understanding and Undoing Implicit Bias (eLearning)



Identifying and Working with Families of Native American



Phase 2 (VILT)





Self-Management (eLearning)





Know About Child Support

(60)

What You Need to

Impacts the Brain, Development & Behavior (eLearning)

60

**\*** 

Trauma: How It

Identifying and Addressing Intimate Partner Violence (eLearning)

60

k

Applying the Mental Health Principles (eLearning)

k

Medicine Safety for Children

k

Phase 3 (VILT)

2



#### **PREREOUISITES**

k

There are no prerequisites for this course.

#### **CONTINUING EDUCATION UNITS**

Check individual courses for any available CEUs.

#### REGISTRATION

To register and for more information about this course or the ACS Workforce Institute, please contact the Help Desk at WIhelpdesk@acs.nyc.gov or call (212) 748-1898.

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