Do You Know Your ABCs (Antecedent, **Behavior, Consequences)?**





A learning program for direct service staff, supervisors and managers working in Child Welfare and Juvenile Justice.

ABOUT

This eLearning program provides an overview of the Antecedent, Behavior, Consequences behavioral intervention model known as ABC. It uses scenarios to guide learners through identifying the components of the ABC model, common antecedents, youth behaviors, and positive and negative consequences. These scenarios help learners recognize how past trauma, youths' lived experiences, and current events play a part in shaping the challenging behavior(s) that staff manage.

BENEFITS Learners will:

- Use the ABC model to assess what contributes to youth behavior patterns, determine youth's needs, and explore interventions that de-escalate challenging behavior.
- Model effective behavior management strategies for youth by managing their own emotional and/or physical triggers when dealing with challenging youth behaviors.
- Learn how to effectively devise a plan of action that provides the appropriate positive or negative consequences following challenging youth behavior.

COMPONENTS

Once enrolled in the course, learners will complete:



A 30-minute eLearning.



Completion of all components is necessary to receive a Certificate of Completion.

PREREQUISITES

There are no prerequisites for this course.

CONTINUING EDUCATION UNITS

There are no CEUs associated with this course.

RECOMMENDED SUPPLEMENTAL COURSE

What Did You Call Me? The Impact of Labeling is a companion course that explores how the use of labels can negatively impact a youth's placement decisions, their behaviors, and the level of support and engagement they are provided. Together, these courses support learners in their efforts to successfully engage and de-escalate youth, while simultaneously meeting youths' needs and managing their own triggers.

REGISTRATION

Register for this course by logging in to Cornerstone, browse for the course name and complete all information. For more information about the ACS Workforce Institute, please contact the Help Desk at Wihelpdesk@acs.nyc.gov or call (212) 748-1898.

ABOUT WORKFORCE INSTITUTE

The ACS Workforce Institute (WI) is a state-of-the-art professional development institute that strengthens skills and provides support to child welfare and juvenile justice direct service staff as they strengthen and support New York City's families and children. Through partnership with the City University of New York (School of Professional Studies and the Hunter College Silberman School of Social Work), the ACS Workforce Institute offers professional learning initiatives that move beyond the classroom to enhance skill development for new and seasoned ACS and provider agency staff.