

# Motivational Interviewing: Engaging Fathers



A learning program for **direct service staff and supervisors working in Child Welfare or Juvenile Justice.**

## ABOUT

This learning program equips learners to use Motivational Interviewing (MI) specifically tailored to engaging fathers and father figures of children involved in the child welfare and juvenile justice systems. Learners explore engagement strategies to help address the unique challenges these fathers face and how those challenges can affect concepts such as change talk and sustain talk, and it offers opportunities to practice foundational techniques and strengths-based feedback. Before attending this instructor-led training, learners must complete all course prerequisites listed below and an online pre-test.

## BENEFITS

Learners will:

- Gain insight into the social, political, and economic challenges that can limit father and father-figure involvement in family life.
- Strengthen communication skills to actively listen and recognize the emotions behind the experiences fathers and father figures share.
- Develop the ability to respond effectively to signs of motivation and help guide fathers toward meaningful personal and family goals.

## COMPONENTS

Once enrolled in the course, learners will complete:



An online pre-test.



A one-day, instructor-led, training.



An online post-test.



Completion of all components is necessary to receive a Certificate of Completion.

## PREREQUISITES

Prior to attending this course, learners are required to have completed the Foundations of Motivational Interviewing: Communicating to Build Partnerships and Foundations of Motivational Interviewing Practicum courses.

## CONTINUING EDUCATION UNITS

The New York City Administration for Children's Services is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0402. This course is 6.0 contact hours/0.60 CEUs. CEU credit is contingent upon the completion of all course components.

## REGISTRATION

Division of Child Protection staff can reach out to their Staff Development Coordinator (SDC) to register. All others can register in **Cornerstone**, by browsing for the course name and completing all information. For more information about the ACS Workforce Institute, please contact the Help Desk at [WIhelpdesk@acs.nyc.gov](mailto:WIhelpdesk@acs.nyc.gov) or call (212) 748-1898.

## ABOUT ACS WORKFORCE INSTITUTE

A state-of-the-art professional development institute that strengthens skills and provides support to child welfare and juvenile justice direct service staff as they strengthen and support New York City's families and children. Through partnership with the City University of New York (School of Professional Studies and the Hunter College Silberman School of Social Work), the ACS Workforce Institute offers professional learning initiatives that move beyond the classroom to enhance skill development for new and seasoned ACS and provider agency staff.

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