# **Communicating Infant Safe Sleep Practices**





A learning program for direct service staff and supervisors in Child Protection, Prevention or Foster Care services.

# **ABOUT**

This eLearning program covers foundational knowledge and skills for communicating safe sleep practices with parents and caregivers. The content details how to safely place an infant to sleep, the importance of following safe sleep guidelines, overcoming barriers to practicing safe sleep, and communicating with caregivers about safe sleep practices. Before attending this eLearning training, learners must complete an online pre-test.

# **BENEFITS**

Learners will:

- Be able to dispel common myths and misconceptions about infant sleep.
- Be trained to identify the behaviors that may contribute to sleep-related infant injuries or deaths.
- Be able to establish and practice infant safe sleep habits.
- Be able to lead a strengths-based conversation with parents and caregivers around implementing infant safe sleep best practices.

# **COMPONENTS**

Once enrolled in the course, learners will complete:



An online pre-test.



A 30-minute, eLearning course.



An online post-test.



Completion of all components is necessary to receive a Certificate of Completion.

# **PREREQUISITES**

There are no prerequisites for this course.

### **CONTINUING EDUCATION UNITS**

There are no CEUs associated with this course.

# **REGISTRATION**

Register for this course by logging in to **Cornerstone**, browse for the course name and complete all information. For more information about the ACS Workforce Institute, please contact the Help Desk at **Wihelpdesk@acs.nyc. gov** or call (212) 748-1898.

# ABOUT ACS WORKFORCE INSTITUTE

The ACS Workforce Institute (WI) is a state-of-the-art professional development institute that supports child welfare and juvenile justice direct service staff and strengthens their skills as they support and strengthen New York City's families and children. Through partnership with the City University of New York (School of Professional Studies and the Hunter College Silberman School of Social Work), the ACS Workforce Institute offers professional learning initiatives that move beyond the classroom to enhance skill development for new and seasoned ACS and provider agency staff.

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