

# Motivational Interviewing: Engaging Girls and Young Women



A learning program for **direct service staff and supervisors working in Child Welfare or Juvenile Justice.**

## ABOUT

This learning program focuses on the practical application of strengths-based engagement and motivational interviewing skills when working with girls involved in the Child Welfare and Juvenile Justice systems. Learners are trained on how trauma can impact girls' development and subsequent behaviors. This training also equips learners to better interact with adolescent girls and provide those girls with information on reproductive and sexual health. Through a series of interactive exercises, the program provides learners the opportunity to practice trauma-informed techniques they can use to support girls and young women. Before attending this instructor-led training, learners must complete all course prerequisites listed below and an online pre-test.

## BENEFITS

Learners will:

- Strengthen their use of motivational interviewing skills when working with girls and young women.
- Better understand how trauma impacts development and behavior and be better able to engage girls and young women from a trauma-informed viewpoint.
- Be trained in methods to effectively communicate with girls and young women about their reproductive and sexual health options.

## COMPONENTS

Once enrolled in the course, learners will complete:



An online pre-test.



A two-day, instructor-led workshop.



An online post-test.



Completion of all components is necessary to receive a Certificate of Completion.

## PREREQUISITES

Prior to attending this course, learners are required to have completed the Motivational Interviewing learning program offered through the ACS Workforce Institute or equivalent.

## CONTINUING EDUCATION UNITS

The New York City Administration for Children's Services is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0402. This course is 13 contact hours/1.3 CEUs. CEU credit is contingent upon completion of all course components.

## REGISTRATION

Register for this course by logging in to [Cornerstone](#), browse for the course name and complete all information. For more information about the ACS Workforce Institute, please contact the Help Desk at [WIhelpdesk@acs.nyc.gov](mailto:WIhelpdesk@acs.nyc.gov) or call (212) 748-1898.

## ABOUT ACS WORKFORCE INSTITUTE

The ACS Workforce Institute (WI) is a state-of-the-art professional development institute that supports child welfare and juvenile justice direct service staff and strengthens their skills as they support and strengthen New York City's families and children. Through partnership with the City University of New York (School of Professional Studies and the Hunter College Silberman School of Social Work), the ACS Workforce Institute offers professional learning initiatives that move beyond the classroom to enhance skill development for new and seasoned ACS and provider agency staff.

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