# Trauma-Responsive and Informed Parenting Program (TRIPP) Training of Trainers (TOT)





A learning program for **Homefinders, caseworkers and supervisors in child welfare from foster care agencies, working with and supporting foster parents.** 

**ABOUT** This learning program utilizes a Training-of-Trainers (TOT) approach to teach foster care agency facilitators to deliver the TRIPP program to prospective and veteran foster parents. Learners develop a trauma-informed lens and are taught to assist foster parents in responding to their child's and youth's challenging behavior. This learning program includes a variety of learning approaches, including teachbacks, homework assignments, videos, small group work, and group role-plays. Before attending this virtual, instructor-led training, learners must complete all course prerequisites listed below.

#### **BENEFITS** Learners will:

- Practice delivering a small piece of the curriculum.
- Practice giving and receiving feedback.
- Participate in activities to learn how to deliver the curriculum to foster parents.
- Receive coaching from Workforce Institute facilitators.
- Complete a homework assignment.

## **COMPONENTS**

Once enrolled in the course, learners will complete:



A series of eight three-hour, virtual, instructorled trainings over six days:

- Session 1: Introduction to Therapeutic Family Foster Care
- Session 2: The Impact of Trauma on the Brain
- Session 3: Self-Regulation and Emotionally Responsive Parenting
- Session 4: De-Escalation
- Session 5: Knowing Your Triggers and Listening to Understand
- Session 6: Collaborating with Children and Youth to Create Behavior Plans

- Session 7: Putting It into Practice
- Session 8: Self-Care, Inspiration and Next Steps



Completion of all components is necessary to receive a Certificate of Completion.

# PREREQUISITES

Prior to attending this course, learners should be GPS/MAPP leaders OR have experience working with groups.

#### **CONTINUING EDUCATION UNITS**

There are no CEUs associated with this course.

# REGISTRATION

To register and for more information about this course, email David Widitor at **David.Widitor@acs.nyc.gov**. For more information about the ACS Workforce Institute, please contact the Help Desk at **Wihelpdesk@acs.nyc.gov** or call (212) 748-1898.

### ABOUT ACS WORKFORCE INSTITUTE

The ACS Workforce Institute (WI) is a state-of-the-art professional development institute that supports child welfare and juvenile justice direct service staff and strengthens their skills as they support and strengthen New York City's families and children. Through partnership with the City University of New York (School of Professional Studies and the Hunter College Silberman School of Social Work), the ACS Workforce Institute offers professional learning initiatives that move beyond the classroom to enhance skill development for new and seasoned ACS and provider agency staff.