



A learning program for **staff working in Foster Care services.** 

# **ABOUT** This learning program is an evidence-based intervention that works with infants, toddlers, and their primary caregivers, to support healthy brain development in young children who have experienced early adversity. As part of Strong Families NYC, Attachment and Bio-behavioral Catch-Up (ABC) will be provided to infants and toddlers in the foster care system, both while in foster care and when the child returns home or is placed with another permanent resource. Infants and toddlers from 6–48 months old who have been placed in any regular family foster care program can participate with their primary caregiver — their parent, foster parent or other full-time caregiver. The program also includes follow-up coaching support to ensure effective implementation. Learners are not required to have prior formal coaching experience or training.

### **BENEFITS** Learners will:

- Interpret the role of attachment and the impact of Adverse Childhood Experiences (ACES) in the socio-emotional and cognitive development of infants and toddlers.
- Describe the ABC intervention for children in care and/or those transitioning home.
- Select eligible families for the intervention.
- Explain the benefits of the ABC intervention to families while considering challenges that might arise.

## COMPONENTS

Once enrolled in the course, learners will complete:



A one-day, instructor-led workshop.

## PREREQUISITES

There are no prerequisites for this course.

## **CONTINUING EDUCATION UNITS**

There are no CEUs associated with this course.



Completion of all components is necessary to receive a Certificate of Completion.

## REGISTRATION

Register for this course by logging in to **Cornerstone**, browse for the course name and complete all information. For more information about the ACS Workforce Institute, please contact the Help Desk at **WIhelpdesk@acs.nyc.gov** or call (212) 748-1898.

# ABOUT ACS WORKFORCE INSTITUTE

The ACS Workforce Institute (WI) is a state-of-the-art professional development institute that supports child welfare and juvenile justice direct service staff and strengthens their skills as they support and strengthen New York City's families and children. Through partnership with the City University of New York (School of Professional Studies and the Hunter College Silberman School of Social Work), the ACS Workforce Institute offers professional learning initiatives that move beyond the classroom to enhance skill development for new and seasoned ACS and provider agency staff.

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