

# Motivational Interviewing: A Strengths-Based Practice for Youth Justice Professionals



A learning program for **Direct service staff working in Child Welfare and Juvenile Justice.**

## ABOUT

This learning program is a collaborative, person-centered approach to strengthen drive and commitment to change. Strengths-based engagement strategies and motivational interviewing are an important part of effectively communicating with youth and families and supporting their continued progress toward applying solutions to challenges. These techniques help professionals express compassion, partnership and respect — even in challenging situations. During this program learners practice the spirit, principles and skills of Motivational Interviewing, and incorporating strengths-based engagement into their work with youth and families.

This course is equivalent to Motivational Interviewing: A Strengths-Based Practice. Learners should select the appropriate course according to their role. Before attending this instructor-led training, learners must complete an online pre-test and an eLearning course.

## BENEFITS

Learners will:

- Learn to focus on youth and family strengths and resilience.
- Better understand how to create strengths-based partnerships with youth and families through effective communication.
- Strengthen their ability to partner with youth and families in working toward establishing and reaching their goals.

## COMPONENTS

Once enrolled in the course, learners will complete:



An online pre-test.



A 30-minute, eLearning course.



A one-day, instructor-led workshop.



An online post-test.



Completion of all components is necessary to receive a Certificate of Completion. A 30-minute eLearning module will be made available as a refresher for learners after course completion.

## PREREQUISITES

There are no prerequisites for this course.

## CONTINUING EDUCATION UNITS

The New York City Administration for Children's Services is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0402. This course is 6.5 contact hours/0.65 CEUs. CEU credit is contingent upon completion of all course components.

## REGISTRATION

To register and for more information about this course, email Marta Colon at [Marta.Colon@acs.nyc.gov](mailto:Marta.Colon@acs.nyc.gov). For more information about the ACS Workforce Institute, please contact the Help Desk at [Wihelpdesk@acs.nyc.gov](mailto:Wihelpdesk@acs.nyc.gov) or call (212) 748-1898.

## ABOUT ACS WORKFORCE INSTITUTE

The ACS Workforce Institute (WI) is a state-of-the-art professional development institute that supports child welfare and juvenile justice direct service staff and strengthens their skills as they support and strengthen New York City's families and children. Through partnership with the City University of New York (School of Professional Studies and the Hunter College Silberman School of Social Work), the ACS Workforce Institute offers professional learning initiatives that move beyond the classroom to enhance skill development for new and seasoned ACS and provider agency staff.

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